Please share this welcome information with your group.

We hope you enjoy your day at Grow Wilder on this 6-acre Avon Wildlife Trust site. You are welcome to explore the different areas and the wildflower nursery which is open for plant sales; alternatively, visit our online shop www.growwilder.co.uk

Our mission is to inspire people to take action for nature through wildlife gardening and sustainable food growing. After Easter we open our café at weekends, with seasonal and market events on the first Saturday of the month. Like us on <u>Facebook</u> or <u>Instagram</u> to stay up to date with all events and courses.

Hygiene and housekeeping:

- Please don't come if feeling at all unwell. We want to protect each other and our core land partners. We host different food growing businesses supplying essential food and service to communities and vulnerable groups.
- We encourage hand washing and sanitising throughout the day to minimise risk.
- The group leader can come and fill up a hot water flask from the urn if needed from the communal kitchen but please keep numbers to a minimum.
- Toilets are available on site including accessible toilet (toilet rolls are stored above each door).
- Only well-behaved dogs on leads please, to stay on the paths and not near the borders or food areas.
- Stick to the paths and open spaces: please do not go on to the beds or growing areas.

Getting here

We encourage sustainable transport and are well connected to walking, cycling and bus routes: M1, M2, 48a, 19 and Y4. The Metrobus is only 10mins from the city centre: it is 1 stop from Cabot Circus to Grow Wilder (Begbrook). There are bus stops surrounding the site, all within a moment's walk to an entrance.

By car

We have very limited space for parking on site, which is reserved for works vehicles and people with mobility difficulties (please let us know if a space needs reserving). If coming by car, only use Begbrook Social Club on normal <u>weekdays 9-5 or Sundays after 12pm</u>, which is 50 metres past our entrance. If parking on nearby streets, please park considerately.

Our Address Grow Wilder, 181 Frenchay Park Rd, Bristol, BS16 1HB.

For any other enquires, contact: growwilder@avonwildlifetrust.org.uk