



VOLUNTEER ROLE DESCRIPTION

Title:	Wildlife Gardening for Older people Volunteer Placement
Responsible to:	Mhairi Cornish -Wellbeing with Nature Project Officer
Desirable frequency	Every other Monday – 9.30am to 4pm
duration:	4- 6 month commitment
Based at:	Avon Wildlife Trust office Feed Bristol site, 181 Frenchay Park Rd, Bristol BS16 1HB.

Key purpose of volunteer role

To assist and work alongside the Wellbeing Team to deliver sessions for older people at Feed Bristol. To support beneficiaries living with dementia (10 -12pm) and over 50's group (1pm-3.30pm) to engage in nature based activities and wellbeing interventions. To gain a broader understanding and experience of Nature, Health and Wellbeing and Green Care services.

Areas of volunteer activity

Tasks may include any or all of the following:

- Encouraging participants to engage in nature-based activities which could include Wildlife ID walks, supporting the wildflower nursery, creating wildlife habitats, growing food, making bird or insect homes, natural craft activities to outdoor cooking.
- Encouraging participants to engage in wellbeing interventions by taking part yourself and help initiate conversations.
- Taking a lead to deliver nature-based activities to enable the wellbeing team to conduct 1-2-1 meetings, collect monitoring and evaluation data.
- Supporting the wellbeing team to set up and pack away activities throughout the day.
- Assisting with loading/unloading of tools and materials ensuring tools and equipment are stored away safely and in good working order.
- Advocating the value of nature and its benefits for wellbeing.
- Potential to be facilitator trained to lead nature-based and wellbeing interventions.

Desirable attributes and skills

- Enthusiasm and willingness to learn and develop skills in nature and wellbeing
- An enthusiasm for conservation and wildlife
- An enjoyment of working outdoors in variable weather conditions
- Confident yet diplomatic person who is able to work with a range of different people from different backgrounds and competencies
- Have some experience facilitating activities
- Excellent communication and time management skills
- Able to work as part of a team and follow instructions
- An interest in Avon Wildlife Trust and its values

Values of the Trust

Acknowledging the exceptional importance of wildlife and the natural environment to the health and sustainability of the planet's climate and eco-systems

- Promoting the crucial **social and economic benefits** provided by wildlife and the natural environment to the health and well-being of the human population
- Maximising **social inclusion** by promoting opportunities for of all members of the community to take part in the Trust's work and activities
- Delivering the Trust's objectives by working as far as possible through **partnerships** with other organisations and community groups
- Promoting opportunities for **volunteering**, and developing the skills, interests and personal development of its volunteers
- Taking pride in the Trust's role as a **community enterprise** created by and responsible to its members
- Fostering a culture of **innovation, inspiration and creativeness** in its own internal working to create a visionary and dynamic Trust
- Demonstrating openness and transparency to all its external audiences, partners and customers operating at all times with total probity, supporting ethical trading, and minimising its own carbon footprint

This role description reflects the hopes an intentions of the volunteer and the Trust, and is not contractually binding in any way on either party.

Out of pocket travel expenses, upon submission of valid receipts, will be reimbursed.

Support and training will be provided throughout the placement

Volunteers are entitled to receive support, a reference and advice on applying for posts if requested (as per Volunteer Procedures).

All volunteers are required to abide by the Trust's Policies, Procedures and other Key Documents as posted on the Trust Intranet and provided as part of the Volunteer Induction Pack.

Due to the work with vulnerable groups and young children we will require you to be DBS checked (Avon Wildlife Trust will pay for check for successful candidate).

Deadline: Friday 14th June 2019

Please send your C.V. and a covering letter outlining why you would be a suitable candidate for the placement to: wellbeingteam@avonwildlifetrust.org.uk or post to Mhairi Cornish, Avon wildlife Trust, 32 Jacobs Wells Road, Bristol. BS8 1DR.

Shortlisted placements will be invited to an informal interview at Avon Wildlife Trust's Feed Bristol site.